



Programme

Registration (coffee & pastries served from 08:45), please be seated by 09:20

Session 1 09:20 – 11:00	Preparation and Planning	Chair: Sarah Hodge
09:30 – 10:00	Paediatric trauma and stabilization for retrieval	Dr Richard Newton
10:00 – 10:30	Developing a Medical App	Dr Ben Hardy
10:30 – 11:00	Cold-water swimming: the ultimate surgical pre-habilitation package	Dr Mark Harper
11:00 – 11:30 Coffee Break		
Session 2 11:30 – 13:00	Optimal Performance	Chair: Kyne Woodsford
Any time	RCoA Education Update	Dr Paul Jackson
	Pain Gains	Dr Tom Dawes
12:30 – 13:00	Happy Heart, Happy Anaesthetist	Dr Richard Stoddart
13:00 – 14:00 Lunch		
Session 3 14:00 – 15:30	Icing the Cake	Chair: Dil Paul
14:00 – 14:30	TBC	Dr Ramani Moonesinghe
14:30 – 15:00	Brain Health	Dr Francisco Lobo
15:00 – 15:30	Residents prize oral presentations	4 x residents
15:30 – 15:45 Afternoon Tea/Comfort Break		
Session 4 15:45 – 16:45		Chair
15:45 – 16:15	Anaesthesia for people with disabilities	Dr Abhijoy Chakladar
16:15 – 16:35	Pick of the Posters	Poster Panel
16:35 – 16:45	Prize giving and close of meeting	Dr Vanessa Fludder